



What shall we do to participate in the work of the TOS?

There are many things you can do. To help you choose an activity or project, here are some examples from already established TOS groups:

- Form a healing group using the TOS healing ritual
- Find sponsors for underprivileged children being educated under the wing of TOS groups in developing countries
- Create a theosophical parenting group
- Collect donations for the Animal Welfare Endowment Fund at Adyar
- Form an arts and music group
- Set up a support group for TS members who, through illness or old age, are unable to attend meetings, and who would like to maintain contact with other members – perhaps through phone calls or home visits
- Write letters of support or protest to public figures and organisations on matters of public concern, e.g. use of landmines, treatment of refugees, abuse of the environment or of animals
- Associate with charitable organisations, perhaps directly supporting their work. For example, join Amnesty International and write letters to help obtain the release of prisoners of conscience; or join Greenpeace and campaign for respect of the environment.
- Organise fund-raising events, e.g. ‘bring and buy’ stalls, raffles, special seminars and workshops where entry is by donation. The money raised can then be donated to selected local community welfare groups or directly to projects of the TOS and TS themselves such as in India, Pakistan, or the Philippines
- Form a group to pray and campaign for peace
- Organise a cleaning bee at your local TS branch or a gardening day at a TS Centre

The list is endless! However, support is never far away. A directory of TOS contacts is available so you can reach out for support or just to send a neighbourly hello. The International Secretary is always at your disposal.

Far away in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead.

--Louisa May Alcott